

June 2013

# CWA Outreach

## Veterans Administration

The Outreach co-chairs Irina Sztukowski and I, Sheila Cain, took the stack of VA Applications to Willy in the Voluntary Service Department on Friday April 5th. She thanked us for bringing them in as a group. She has processes them and we are now free to finish the next 5 steps to qualify as VA Volunteers.

Irina and I also visited the Recreation room and were given a tour of 3 courtyards by Gary Agcaoili, a VA Recreation therapist, where we could conduct plein air classes. Gary explained that participants may not immediately join in our art program, but once they see the materials and others enjoying creativity the group would grow. A planned lesson might be concise, 3-5 points, but could yield powerful results.

Currently a small group of vets meet on Tuesday and Wednesday mornings and paint. To begin Darlyn Phillips, the Recreation Department Director, has suggested two of us could join in with this group, bringing our own materials and getting a feel for the set-up. The Recreation room is open 7 days a week, hours are approximately 9:00am-6:00pm.

We thank all those who are going through this process with us for your participation and patience. Irina made the photo collage of our trip to the VA Facility. This project has the potential to be a very important CWA Outreach.

*Sheila  
Cain*

**Become a CWA Outreach Volunteer! E-mail us with "CWA Outreach" in the subject line at [outreach@californiawatercolor.org](mailto:outreach@californiawatercolor.org) or call Sheila at 510 548-2306.**

To Volunteer, contact  
[outreach@californiawatercolor.org](mailto:outreach@californiawatercolor.org)

